

BEADS OF COURAGE BAG INSTRUCTIONS

Needed supplies: two 9"x12" pieces of fabric for outside of bag (a focus fabric appropriate for children from toddlers to older teens and two 9"x12" pieces of fabric for lining); two 26" lengths of silk cording and a Beads of Courage label, available at monthly meetings or from the Community Service Coordinator.

Learn more about Beads of Courage program at beadsofcourage.org.

1	Focus Fabric Label	<ul style="list-style-type: none"> * Sew label in the middle or lower right hand corner of one of the focus panels * Put Right Sides (RS) together * Sew a 1/2" seam on both long sides to make a tube and press seams open. * Leave focus tube with RS together 	<p>This is the fabric the children will see on the outside</p> <p>If placing label in the lower corner, sew it at least 1 1/2" from the side and bottom of the panel.</p>
2	Lining	<ul style="list-style-type: none"> * Put Right Sides (RS) together * Sew a 1/2" seam on both long sides to make a tube; press seams open. * Turn lining tube so the right side of the fabric faces out 	This is the fabric that will line the bag
3	Attach focus and lining tubes	<ul style="list-style-type: none"> * Place lining tube inside focus tube RS together * Line seams up, making sure that the label is facing in the correct direction. * Sew a 1/4" seam around the top of the tube * Turn right side out * Press seam toward lining * Tuck lining back inside; press top edge flat 	<p>Use open arm of your sewing machine</p> <p><i>When you turn the bag right side out check again to make sure the label is in the right direction.</i></p>
4	Create the draw string tunnel	<ul style="list-style-type: none"> * Sew a seam 2" from the top edge * Back stitch about 1/4" across both side seams * Sew another seam 2 3/4" from the top * Back stitch 1/4" across both side seams 	Use open arm of your sewing machine
5	Cut cord openings	Use seam ripper to open the stitching on the side seams FOCUS FABRIC ONLY between the 2" and 2 3/4" tunnel seams from step 4	There will be two openings for the cord pulls
6	Sew bottom together	<ul style="list-style-type: none"> * Turn entire project inside-out * Sew layers together (double stitch or serge) * Turn right side out * Press bottom seam 	Make sure SEAMS are lined up on the sides BEFORE you sew.
7	Insert pull cords	<ul style="list-style-type: none"> * Start at one opening and use a large safety pin to thread the cord all the way around the bag. * Tie ends of cord into a very tight knot * Start at other opening; thread cord all the way around the bag; tie ends into tight knots <p><i>Make sure you can draw the bag together by pulling both knotted ends</i></p>	<p>Use a second safety pin (or other small flat object) at the opening to hold inner seam out of the way as cord moves through.</p> <p>Drop off at monthly AQG meetings or Capital Vacuum & Sewing Center 2116 Forest Drive, Annapolis</p>